

Section 5.5.o Provide routine care for a patient with urinary catheter.

S = Satisfactory | U = Unsatisfactory

	S	U	<u>Comments</u>
1. Perform hand hygiene			
2. Organise equipment for perineal care			
3. Position patient, exposing only perineal area			
4. Place waterproof pad under patient			
5. <i>Female:</i> Gently retracted labia to fully expose urethral meatus and catheter insertion site. Maintained position of hand throughout procedure. <i>Male:</i> Retracted foreskin, if not circumcised, and held penis at shaft just below glans, maintaining position throughout procedure.			
6. Assessed urethral meatus and surrounding tissues for inflammation, swelling, and discharge, and asked patient whether burning or discomfort was present.			
7. Provided routine perineal care with soap and water. Application of topical antimicrobial agents is no longer recommended.			

<p>8.</p> <p>Cleansed catheter: While stabilizing catheter with dominant hand and using a clean washcloth, soap, and water, cleanse the catheter in a circular motion along its length for about 4 inches. Start cleansing where the catheter enters the meatus and down toward the drainage tubing. Make sure to remove all traces of soap. For male clients: Reduce or reposition the foreskin after care.</p>			
<p>9. Discarded used supplies, removed gloves, and performed hand hygiene.</p>			
<p>10. Documented the procedure in the patient's record.</p>			

Trainee: _____ Signature: _____

Evaluator: _____ Signature: _____

Date: ____ / ____ / _____