

**Section 5.5p Provide routine care for patients with ostomy drainage system.**

S = Satisfactory | U = Unsatisfactory

	S	U	<u>Comments</u>
1. Perform hand hygiene			
2. Gather Supplies  Supplies include flange, ostomy bag and clip, scissors, stoma measuring guide, waterproof pad, pencil, adhesive remover for skin, skin prep, stomahesive paste or powder, wet cloth, non-sterile gloves, and additional cloths.			
3. Identify the patient and review the procedure.			
4. Create privacy. Place waterproof pad under pouch.			
5. Apply gloves. Remove ostomy bag, and empty contents. Place old pouching system in garbage bag.			
6. Remove flange by gently pulling it toward the stoma. Support the skin with your other hand.  If a rod is in situ, do not remove.			
7. Clean stoma gently by wiping with warm water. Do not use soap.			
8. Assess stoma and peristomal skin.			

<p>9. Measure the stoma diameter using the measuring guide (tracing template) and cut out stoma hole.</p> <p>Trace diameter of the measuring guide onto the flange, and cut on the outside of the pen marking.</p>			
<p>10. Prepare skin and apply accessory products as required</p>			
<p>11. Remove inner backing on flange and apply flange over stoma. Leave the border tape on. Apply pressure. Hold in place for 1 minute to warm the flange to meld to patient's body. Then remove outer border backing and press gently to create seal.</p> <p>If rod is in situ, carefully move rod back and forth but do not pull up on rod.</p>			
<p>12. Apply the ostomy bag. Attach the clip to the bottom of the bag.</p>			
<p>13. Hold palm of hand over ostomy pouch for 2 minutes to assist with appliance adhering to skin.</p>			
<p>14. Document procedure</p>			

Trainee: \_\_\_\_\_ Signature: \_\_\_\_\_

Evaluator: \_\_\_\_\_ Signature: \_\_\_\_\_

Date: \_\_\_ / \_\_\_ / \_\_\_\_\_